

Lived Experience Training (.org)

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Foundational Knowledge for Lived and Living Experience workforce development

Pre-requisites

To be able to attend a 'Foundational knowledge for Lived and Living Experience workforce development' short course, people will first need to have completed the 'Orientation/induction to Lived and Living Experience for all staff'. Click [here](#) to find out more about the orientation/induction course.

Why do this training?

As a new discipline, understanding of Lived and Living Expertise is still emerging and understandably varied across the sector. Research is clear that advanced understanding of the unique features of Lived Experience practice and the strategies that support effective Lived and Living Experience Workforce Development are necessary to reap the potential benefits of the work and ultimately, contribute to meaningful reform.

To see why others love this training, go to '[What People Love](#)' on our website.

Who can benefit from these sessions?

These self-paced, online sessions enhance Lived and Living Experience literacy by providing a deep dive into the best contemporary evidence to assist folks working *in or with* designated Lived Experience roles.

For those in non-designated roles, we recommend this short course particularly to senior leaders, HR/People and Culture representatives, and hiring managers, as it provides an overview of the potential benefits and understanding of the barriers and strategies to support effective Lived and Living Experience workforce development.

For those in designated Lived Experience positions, it provides succinct (and proven) explanations/messaging to help to build better clarity, understanding, valuing and support for our workforces in advocacy efforts internally and externally.

How do these sessions enhance Lived and Living Experience literacy?

In addition to being informed by best available Lived Experience led evidence, Foundational Knowledge builds from the 'bedrock' orientation training, to provide critical understanding to underpin an evidence informed approach to organisational readiness, workplace cultural change management, and practical steps towards embedding Lived Experience workforces.

The course information, critical thinking activities and Q'n'A with Dr Byrne, provide a safe and supportive environment to consider curly questions without judgement, and move towards more evidence-based, shared understanding.

Who is featured in the learning materials?

- Dr Louise Byrne, who represents personal/consumer Lived Experience perspectives. To find out more about Louise check out our '[About](#)' page.

Who will moderate forums and provide individualised feedback?

- Highly qualified Lived and Living Expertise researchers and trainers with particular expertise in the area of workplace cultural change management and Lived and Living Experience Workforce Development.

What do the sessions focus on?

Each session provides comprehensive Lived and Living Expertise literacy building including:

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- A brief recap of key definitions and distinctions from the orientation training
- Comprehensive overview of the potential benefits when Lived and Living Experience workforces are well supported and understood
- Myth-busting some of the unhelpful stereotypes associated with Lived and Living Experience workforces
- Snapshot of strategies to embed authentic Lived and Living perspectives, as well as common workplace cultural barriers
- Consideration of what is needed for organisations and the sector to move forward and truly embrace all the potential benefits of Lived Experience work

What activities do the sessions include?

The sessions contain a variety of learning activities designed to appeal to people with diverse learning styles, including:

- Short periods of information delivery
- Critical thinking activities/individual reflection
- Knowledge development activities with individual feedback from highly qualified Lived and Living Experience researchers and trainers
- Moderated forums for peer learning and exploration of ideas
- Access to a one-hour Q'n'A with Dr Byrne to explore tricky questions.
- Worksheets to continue guided planning for effective Lived Experience Workforce development after the course concludes, as well as additional relevant resources and exclusive content for Foundational Knowledge participants to align their planning to national policy and guidelines.

Purchasing and Minimum numbers

Can be purchased by individuals, groups or organisations. A minimum of 10 people is required for us to run this short course to allow for availability of forum moderators and people to provide individual feedback on critical thinking and learning development activities. Monthly cohorts will open once 10 people have enrolled. Once booked, you will be informed when courses are due to commence.

Organisations or groups opting to purchase for more than 10 people can receive rapid advice on the next commencement and we will do our best to accommodate the availability of your staff.

Organisations/people purchasing for groups, can:

- Go into the e-commerce on the website via the 'start now' button, select the number of participants you want to enrol, pay for those seats, and then enter their first & last names and email addresses (an excel worksheet can be imported)
- Or [contact us](#), pay for the number of seats required, provide us with a list of first & last names and email addresses you want to enrol, we will upload and register all participants

Modality and Course Duration

Online, self-paced learning to complete at times that suit the individual learner.

The course will take approximately 5 hours in total and will be available in 5-week blocks, all lessons can be completed and learning activities submitted at your own pace within that time. If purchasing for groups, all learning activities can be completed and then submitted together, with the expectation that the answers for groups would be more thorough and include more areas of consideration. If you're not sure, feel free to reach out and [check with us](#).

Pricing and Discounts

\$420 per person AUD* (including GST).

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Spots can be booked by organisations, departments or individuals. If the number of people you are booking for is less than 10, we will notify you when the course will next be running.

**For folks in other countries it is the equivalent of \$420 AUD as per the exchange rate at the time of purchase*

Additional Information

If organisations wish to discuss the limited number of *live sessions* aimed at Executive Leadership, HP/people and culture and/or allies and facilitated by LET trainers with personal/consumer and family/carer expertise, please make contact. Additional fees apply.

To learn more, please [contact us](#) at enquiries@livedexperiencetraining.org

What Informs this Training and is it Relevant to Multiple Specialisations and Sectors?

Training is informed by 16+ years of international research, including the latest Lived Experience led evidence. All training programs offer both theoretical knowledge and practical strategies that have been implemented and proven effective in real-world settings.

The training is directly drawn from the international research Dr Louise Byrne and her team have conducted over a 16-year period, specifically focused on Lived and Living Experience workforce across a range of settings, sectors and specialisations.

This evidence informs many key policy documents and initiatives worldwide. The research has included a variety of both qualitative and quantitative studies to explore different aspects of Lived and Living Experience workforce development and practice. The studies have been peer reviewed and published in numerous highly regarded scientific journals internationally. The findings have also been thoroughly tested, verified and warmly approved of by Lived Experience communities.

Diversity and Intersectionality

Many people with diverse perspectives contributed to the program of research that informs this training, including:

- people working in both personal/consumer and family/carer roles
- people representing a vast range of intersectional perspectives including diverse cultures/backgrounds, identifications and experiences
- people representing multiple specialisations, sectors and countries
- folks employed in various non-designated roles, including all levels of management and executive positions (to assist understanding of the broader context and how to encourage valuing of Lived and Living Experience workforces)

Importantly, in addition to ensuring people participating in the research and verification of findings provided a strong focus on diverse and intersectional perspectives, the research team itself included people who could authoritatively represent diverse cultures/backgrounds, identifications and experiences and did so in other professional contexts. This inclusion from concept design through all stages of development and evaluation, truly embeds diverse and intersectional views in the findings of the research and within the training.

For more information on how we've focused on accessibility, go to our [FAQs](#) and scroll down.

To learn more about any aspect of the course, please [contact us](#) or check out our website <https://livedexperiencetraining.org/>